

Louisiana School Asthma Management Plan

Steps to follow for an Asthma Episode in the
School Setting When a Nurse is Not Available

Know which students have asthma and know where students store their medications whether it is with the school healthcare professional, administrative office or they self carry and administer.

If a student has asthma symptoms or complaints and needs your help, take these steps:

- ✓ **Quickly evaluate the situation. Call 911 if the student is struggling to breathe, talk, stay awake, has blue lips, or asks for an ambulance.**
- ✓ **NEVER LEAVE A STUDENT ALONE.**
- ✓ **Stop the student's activity.**
- ✓ **Help the student locate and take his/her prescribed quick-relief inhaler medicine.**
- ✓ **Contact the parent/guardian.**
- ✓ **Repeat quick-relief inhaler medicine in 20 minutes if a student is still having trouble breathing.**

Call 911 if any of the following occur:

- ✓ **If the student is struggling to breathe, talk, stay awake, has blue lips, or asks for an ambulance.**
- ✓ **If the student doesn't improve after two administrations of quick-relief medicine, and nurse/designee or parent/guardian is not available.**
- ✓ **If no quick-relief medicine is available, the student's symptoms have not improved spontaneously, and nurse/designee or parent/guardian is not available.**
- ✓ **If you are unsure what to do.**